

The book was found

Depression (Mental Illnesses And Disorders: Awareness And Understanding)



Synopsis

Feeling sad sometimes is a normal part of being human. But for some people, the sad feelings overtake everything else, leaving them hopeless and empty. The things that used to make them feel happy don't make them feel that way anymore. Having depression is a very common and very serious mental disorder. However, there are ways to fight depression, get treatment, and feel better. The lives of millions of kids are affected by mental illness. And yet it's all too common for kids to feel like they are alone with their problems. Whether you're seeking information for family, friends, or yourself, these books help explain the challenges faced by people with mental disorders. Each title in this series contains color photos and back matter including: an index, further reading lists for books and internet resources, and a series glossary. Mason Crest's editorial team has placed Key Icons to Look for throughout the books in this series in an effort to encourage library readers to build knowledge, gain awareness, explore possibilities and expand their viewpoints through our content-rich non-fiction books. Key Icons are as follows: Words to Understand are shown at the front of each chapter with definitions. These words are then used in the prose throughout that chapter, and are bolded, so that the reader is able to reference back to the definitions- building their vocabulary and enhancing their reading comprehension. Sidebars are highlighted graphics with content-rich material within that allows readers to build knowledge and broaden their perspectives by weaving together additional information to provide realistic and holistic perspectives. Text Dependent Questions are placed at the end of each chapter. They challenge the reader's comprehension of the chapter they have j

Book Information

Series: Mental Illnesses and Disorders: Awareness and Understanding (Book 13)

Hardcover: 48 pages

Publisher: Mason Crest Publishers (September 1, 2015)

Language: English

ISBN-10: 1422233707

ISBN-13: 978-1422233702

Product Dimensions: 8.6 x 0.3 x 11 inches

Shipping Weight: 14.1 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #861,222 in Books (See Top 100 in Books) #62 in Books > Teens > Personal Health > Depression & Mental Health #130 in Books > Teens > Education & Reference > Social

[Download to continue reading...](#)

Depression (Mental Illnesses and Disorders: Awareness and Understanding) Eating Disorders (Mental Illnesses and Disorders: Awareness and Understanding) Resources for Extraordinary Healing: Schizophrenia, Bipolar and Other Serious Mental Illnesses The MindBody Workbook: A Thirty Day Program of Insight and Awareness for People with Back Pain and Other Disorders Kovels' Depression Glass and Dinnerware Price List, 8th edition (Kovels' Depression Glass & American Dinnerware Price List) The Depression Book: Depression as an Opportunity for Spiritual Growth The Depression Cure: The 11-Step Program to Naturally Beat Depression for Life Explaining 'Unexplained Illnesses': Disease Paradigm for Chronic Fatigue Syndrome, Multiple Chemical Sensitivity, Fibromyalgia, Post-Traumatic Stress Disorder, and Gulf War Syndrome The 36-Hour Day: A Family Guide to Caring for Persons with Alzheimer Disease, Related Dementing Illnesses, and Memory Loss in Later Life The Mental Game of Poker 2: Proven Strategies for Improving Poker Skill, Increasing Mental Endurance, and Playing in the Zone Consistently Mental Math, Grade 3: Strategies and Process Skills to Develop Mental Calculation (Singapore Math) Mental Math, Grade 2: Strategies and Process Skills to Develop Mental Calculation (Singapore Math) Mental Math, Grade 4: Strategies and Process Skills to Develop Mental Calculation (Singapore Math) The Secret of Mental Magic Tricks: How to Amaze Your Friends with These Mental Magic Tricks Today! The Nineteenth Mental Measurements Yearbook (Buros Mental Measurements Yearbook) Treatment Plans and Interventions for Depression and Anxiety Disorders, 2e (Treatment Plans and Interventions for Evidence-Based Psychotherapy) Teaching Kids with Mental Health & Learning Disorders in the Regular Classroom: How to Recognize, Understand, and Help Challenged (and Challenging) Students Succeed The ICD-10 Classification of Mental and Behavioural Disorders: Clinical Descriptions and Diagnostic Guidelines Diagnostic and Statistical Manual of Mental Disorders, 5th Edition: DSM-5 Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying